



Mountaintide's second album, *Coffee & Fried Steak*, was released worldwide on Friday, June 16, 2017. Continuing with the grownup lyrics, diverse musical settings and distinctive vocal and instrumental interplay of their first CD, *Dancing in the Sun*, the duo expands their palette by tapping more fully into their multi-instrumental skills. And having played together for three years, their musical interaction and shared songwriting prowess has grown considerably since that first release.

Singer-songwriting multi-instrumentalists Jim Newsom and Holly Kirsten met in the spring of 2014 and began playing music together around southeastern Virginia as Mountaintide. Within a year of that first meeting, the duo had recorded its first album, *Dancing in the Sun*, releasing it in June, 2015. Six months later they had recorded and released an album of original children's songs, *Away We Go*, under Holly's name.

Dancing in the Sun was premised on showing off the twosome's live sound. While Jim and Holly play all of the instruments and sing all of the vocals, *Coffee & Fried Steak* is more fully realized as an album unto itself. The music is rich, the vocal harmonies sharp and crisp, and the songs themselves are intelligent and thoughtful.

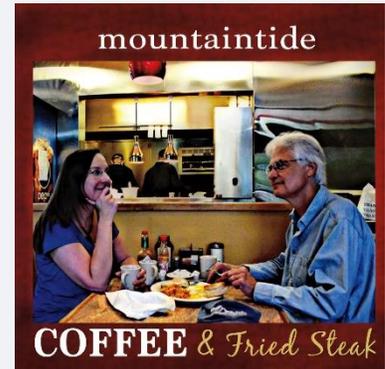
Mountaintide has played major regional festivals as well as theaters, libraries, museums, clubs and special events. They have received considerable airplay and performed live on radio and TV. Three years in, the twosome continues to grow musically as a team.

"With a sweet acoustic vibe Mountaintide's self-produced debut creates a carefree feeling like a day spent hiking in the hills or strolling on the beach." – Paul Shugrue, WHRV

"The duo's original songs, about love, life's choices and feeling good, have a go-down-easy, James Taylor-Joni Mitchell, flower-power vibe." – Craig Shapiro, *The Virginian-Pilot*

"The symbiosis is evident when they perform live, not only in their vocal and instrumental harmonies, but in their between-songs banter." – Tom Robotham, VEER

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Track Listing:

1. Open Spaces
2. Virginia
3. Last Anti-War Song
4. Street Singer
5. Evanston
6. A Thousand Monday Mornings
7. Colors of the Rainbow
8. Solstice
9. Growing Guns on Trees
10. Baby Jean
11. Flood
12. The Right Place
13. Desperate Days
14. A Mighty Cry

Genres:

Contemporary Folk
Singer/Songwriter
Acoustic Americana

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